

# Why do I need to replace my DECT phone?



Most people who use them are just not aware that they are being bathed in microwaves everyday. Because they are 'cordless' they need microwaves to send information to the additional handsets in order to work.

Would you move house to be located next to a mobile phone mast? No? Do you realise that having a DECT phone in your home is putting a mini mobile phone mast actually inside your home? The main base unit pumps out microwaves 24 hours a day into your immediate environment. They can affect your health and the health of those nearest and dearest to you especially children as their skulls are not yet fully developed and of a thinner density to our adult ones.

Think about where yours is situated, near your bed? where you sit in the living room to relax? Upstairs near the children's bedroom?

All this doesn't mean you have to give up the modern walk about cordless sets—there are a few Eco- friendly DECT phones. They are different to the majority of models available in that although they too use microwaves to transmit the signals they ONLY do so when the phone is in use for calls thereby reducing the microwave emissions into your living space dramatically, and making them a much safer alternative.

Another cheaper alternative is to return to a curly cabled phone instead. Be wary of the curly cable ones with additional base sets, because these must be using microwaves to be able to work - a much better alternative is to have additional phone sockets installed if you need a phone in your bedroom or office. Although there would inevitably be a charge for a new socket, the health benefits would be well worth the expense.

All Gigaset cordless phones variably reduce the transmitting power from the handset to base station depending on their distance apart. You can also reduce the transmitting power of the Gigaset base stations by 80% simply by selecting the ECO Mode. Furthermore, radiation-free 5 ECO Mode Plus turns off the transmitting power when the phone is in standby.

<http://gigaset.com/uk/en/cms/PageECODECT.html>

To find out more about DECT phones and consultations that can help reduce the risk of microwave exposure, please get in touch:

**07775 617400 or [info@lighterspaces.com](mailto:info@lighterspaces.com)**