

Do any of these look familiar to you?  
Is there one of these near to where you live?  
Do you know what they are?



**Answer: They are all mobile phone masts—the obvious ones!**

Sometimes they are hidden or disguised which begs the question “Why?”

**This website will locate masts near to your house: [sitefinder.ofcom.org.uk/](http://sitefinder.ofcom.org.uk/)**

Sitefinder was set up as a result of recommendations of the Stewart Report in 2000. It is a voluntary scheme under which mobile network operators make information available on the location and operating characteristics of individual base stations, so that people who wish to inform themselves about this can do so.

Ofcom hosts the Sitefinder tool on behalf of Government, which can be searched for the location and details of mobile phone base station sites around specific locations.

If you suffer with any of the following it is possible that mobile phone radiation is affecting you:

- Sleep problems
- Headaches
- Fatigue
- Nausea
- Difficulty in concentration
- Depression
- Behavioural problems in children

There are solutions to this and steps you can take to protect yourself.

To find out more about consultations that can help reduce the risk of mobile phone radiation exposure, please get in touch:

**07775 617400 or [info@lighterspaces.com](mailto:info@lighterspaces.com)**